



All Our Dairy Products are Red Tractor Assured



MSC - Approved by the Marine Stewardship Council

Reduced Salt and Sugar

# TEA MENU AUTUMN 2024

WEEK 1 - 2ND SEPTEMBER | 23RD SEPTEMBER | 14TH OCTOBER | 4TH NOVEMBER | 25TH NOVEMBER | 16TH DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Ham and Cream Cheese Flatbread	Tuna Mayo & Cucumber Wholemeal Sandwich	
Spanish Tortilla with Cream Cheese Topping and Baguette Finger	Mozzarella and Tomato Pinwheel	Marmite and Cream Cheese Flatbread	Houmous and Falafel Wholemeal Sandwich	Cheese & Onion Puff Pastry Roll
Cucumber Slices	Carrot Sticks	Cucumber Slices	Pepper Sticks	Cherry Tomatoes
Galia Melon Wedge	Fromage Frais	Pineapple Stick	Fromage Frais	Watermelon Slice

WEEK 2 - 9TH SEPTEMBER | 30TH SEPTEMBER | 21ST OCTOBER | 11TH NOVEMBER | 2ND DECEMBER | 23RD DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham and Cheese Muffin Pizza		Pork Sausage Puff Pastry Roll		Chicken Mayo Wholemeal Sandwich
Cheese and Tomato Muffin Pizza	Baked Bean and Cheese Quesadilla	Cheese & Onion Puff Pastry Roll	Cheddar Cheese and Cucumber Wholemeal Sandwich	Cream Cheese Wholemeal Sandwich
Cucumber Slices	Cherry Tomatoes	Cucumber Slices	Pepper Sticks	Carrot Sticks
Fromage Frais	Watermelon Slice	Fromage Frais	Pineapple Stick	Fromage Frais

WEEK 3 - 16TH SEPTEMBER | 7TH OCTOBER | 28TH OCTOBER | 18TH NOVEMBER | 9TH DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausage Puff Pastry Roll	Tuna Crunch Mayo Wholemeal Sandwich	Ham and Cheese Muffin Pizza		Ham and Cream Cheese Flatbread
Cheese & Onion Puff Pastry Roll	Houmous and Falafel Wholemeal Sandwich	Cheese and Tomato Muffin Pizza	Mozzarella and Tomato Pinwheel	Marmite and Cream Cheese Flatbread
Pepper Sticks	Carrot Sticks	Cucumber Slices	Cherry Tomatoes	Cucumber Slices
Galia Melon Wedge	Fromage Frais	Pineapple Stick	Fromage Frais	Watermelon Slice

**MAIN COURSE**

**MEAT FREE MAIN COURSE**

*Sides*

*Dessert*

**MAIN COURSE**

**MEAT FREE MAIN COURSE**

*Sides*

*Dessert*

**MAIN COURSE**

**MEAT FREE MAIN COURSE**

*Sides*

*Dessert*